



## Fort Lee Boys Basketball Explanation of League

Welcome to the Fort Lee Boys Basketball program.

In previous years we had about 300 boys playing in four divisions. Below is an explanation of the different divisions. We plan to hold travel tryouts in the beginning of November and recreational tryouts at the end of November.

Games should start the first week in December. The season will end around the second week in March.

We hope to have a coach's game and a season ending ceremony at the conclusion of the season.

These dates are tentative and might change.

1. **2nd grade** – This is our teaching level for first time basketball players. At this level we run drills that teach dribbling, passing and shooting. We use games to practice what they have learned in a fun environment. Depending on the number of boys registered, we divide this group into two teams. Each team will meet once a week at the Community Center from 6:30 pm to 7:30 pm on Wednesday.
2. **Freshmen Division** – This division is comprised of 3rd and 4th graders. In the past, this division was comprised of six to eight teams. Practices are one hour on Monday or Tuesday starting at 6:00 pm and ending at 9:00 pm at one of Fort Lee's elementary schools. One game each week is played at the Community Center on either Wednesday, Thursday or Friday from 6:30 pm to 9:30 pm. We use the games as a teaching tool. As the game is played, if the referee or coaches see players making mistakes, they will be instructed on the proper methods of play.
3. **Junior Varsity Division** – This division is comprised of 5th and 6th graders. In the past, this division was comprised of eight teams of approximately 12 players. Practices are one hour on Monday or Tuesday starting at 6:00 pm and ending at 9:00 pm at one of Fort Lee's elementary schools or Youth Center located across from Fort Lee High School at 2265 Lemoine Ave. One or two games a week are played at the Community Center and Middle School on either Wednesday, Thursday or Friday evening from 6:30 pm to 9:30 pm.
4. **Varsity Division** – This division is comprised of 7th and 8th graders. In the past, this division was comprised of eight teams of approximately 12 players. Practices are one hour on Monday or Tuesday starting at 6:00 pm and ending at 9:00 pm at either the Community Center, one of Fort Lee's elementary schools or the Youth Center located across from Fort Lee High School at 2265 Lemoine Ave. Two games a week are played each week at the Community Center Friday evenings from 6:30 pm to 9:30 pm and Saturday mornings from 8:30 am – 1:00 pm.

**All above locations and times are subject to change due to weather and school closings.**